



ASPIN's Community Health Worker Training

Helping bridge the gaps of healthcare with paraprofessionals for better health outcomes.

Why CHW Services

ASPIN has been a part of the Community Health Worker (CHW) movement for almost a decade; training over 1000 community health workers. ASPIN successfully uses CHWs statewide using mobile offices in local communities.

- CHWs are local community-based points of contact that can provide culturally appropriate training on how to navigate the health care system.
- CHWs provide patient advocacy by assisting with insurance applications and utilization and referring consumers to additional resources and educating them on health care rights.
- CHWs increase consumer health literacy by addressing cultural barriers, helping consumers understand health care systems and key benefits of preventive care.
- CHWs help address lack of finances by assisting with obtaining insurance coverage, reducing charity care/write-offs, identifying social determinants of health, and facilitating the transition from fee-for-service to value and outcome-based care.

What is a CHW

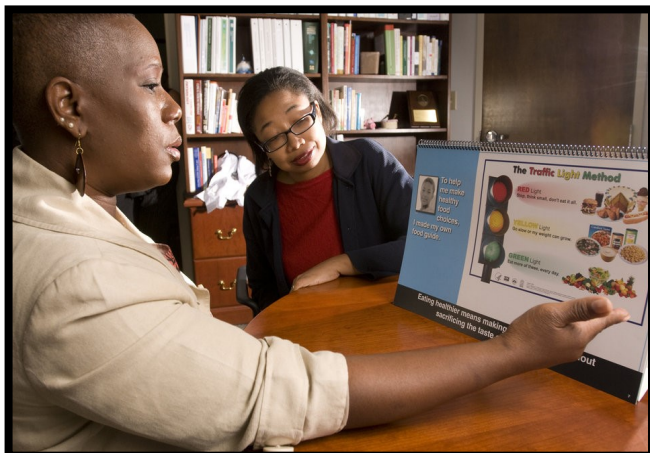
The CHW is a front line public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the CHW to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence or service delivery. (American Public Health Association)

CHWs Have Many Titles & Roles



About ASPIN

ASPIN, a 501(C) 3 not for profit network, operates four major service lines: behavioral health services, professional training and workforce development, grants management, and health improvement. The mission of ASPIN is to provide innovative educational programs, resource management, program development, and network management in collaboration with all healthcare entities to address health disparities and whole health management.





CHW Training

Upon completion of the 40+ hour online training, or the 3 day Classroom training, and passing a final examination, each participant will be certified as a Community Health Worker eligible for employment in organizations serving families, the elderly, children and youth including outpatient medical/behavioral providers, hospitals, medical clinics, schools, churches and community centers.

Community Health Worker (CHW)

Session One	Session Two	Session Three
1. Introduction to the Online Community Health Worker Course	7. Communication Skills for CHWs	13. An Overview of Motivational Interviewing
2. Core Community Health Worker Skills	8. Practices that Promote Health and Wellness	14. Coaching Consumers for Positive Health Outcomes
3. Ethics and the CHW	9. Physical Health/Chronic Disease Overview	15. Tobacco Treatment Methods
4. Diversity and Cultural Competency in the Workplace	10. Behavioral Health Overview	16. CHWs and Group Facilitation Skills
5. Conflict Management for CHWs	11. Substance Use Disorders	17. Advocacy, Collaboration and Teamwork
6. Technology and the CHW	12. Integrated Care Model	18. COVID-19 and the Role of CHWs
		19. Securing Employment as a CHW

ASPIN Is an approved training provider for the Behavioral Health and Human Services Licensing Board, Certified Case Managers (CCM), and NAADAC.

Benefits of CHWs

- ◆ Certification makes CHWs eligible to bill Medicaid under an IHCP
- ◆ Educate patients on healthy lifestyles
- ◆ Provide outreach to individuals in the community
- ◆ Support the work of the chronic care team
- ◆ Help people feel better
- ◆ Measure and monitor blood pressure
- ◆ Improve the health of consumers
- ◆ Provide social support by listening to concerns of patients
- ◆ Help patients navigate healthcare systems, assist with enrollment and health care literacy
- ◆ Help with community-clinical linkages
- ◆ Reduce costs per consumer
- ◆ Reduce return visits
- ◆ Advocate for individuals

ASPIN is one of the three approved CHW Certification trainings by Indiana Medicaid.

Application Information

For specific information regarding the training or application process, please visit:

www.aspin.org

Phone: (317) 471-0000

Fax: (317) 735-0019

